

## ANGER MANAGEMENT 101

Reference: **Ephesians 4:26-27** and **31-32**

Pastor Larry Webb

---

There are two basic classifications of anger:

- The **first classification** is anger \_\_\_\_\_ sin i.e. a sinless anger, a righteous anger or a righteous indignation.  
**verse twenty-six** (see screen)  
Reference: **Isaiah 30:27** (see screen)  
Reference: **Mark 10:13-14, 16; Matthew 18:6** (see screen)

**Question:** As a Christian, is it appropriate to pray imprecatory prayers?

**Definition:** Imprecatory praying means to invite God to bring down a \_\_\_\_\_ or \_\_\_\_\_ and \_\_\_\_\_ onto someone.

There are a number of imprecatory Psalms: **Psalm 5, 10, 17, 35, 58, 59, 69, 70, 79, 83, 109, 129, 137, and 140** (See end of note sheet for more complete list of imprecatory Psalms)

References: **Psalm 5:10; 17:9, 13; 35:1, 4, 8; 55:15; 69:24; 83:13-17; 109:8; 140:8-10** (see screen)

Some New Testament characters also practiced imprecatory praying:

\_\_\_\_\_ Himself quoted imprecatory Psalms:

**Psalm 69:9** in **John 2:17**

**Psalm 35:19** and **Psalm 69:4** in **John 15:25**

\_\_\_\_\_ also quoted imprecatory Psalms:

**Psalm 69:25** and **Psalm 109:8** in **Acts 1:20**

\_\_\_\_\_ also quoted imprecatory Psalms:

**Psalm 69** in **Romans 11:9, 10** and **15:3**

There are other examples of New Testament imprecatory praying.

Reference: **Matthew 6:9-10** (see screen)

References: **Revelation 6:9-10; Romans 12:19; Revelation 22:20** (see screen)

The text most often used as a possible contradiction to imprecatory praying is:

Reference: **Matthew 5:43** and **44** (see screen)

**ONE...**The imprecatory Psalms represent just a \_\_\_\_\_ of the book of Psalms and were reserved for specific dire circumstances.

**TWO...**The imprecatory Psalms seem to primarily focus on \_\_\_\_\_ and **not** \_\_\_\_\_ per se.

**THREE...**The imprecatory Psalms didn't represent a \_\_\_\_\_; but, demonstrated David's concern for God's holiness and justice to be executed on those that rejected God and persecuted His people.

Reference: **Psalm 69:9** (see screen)

**FOUR...**First, pray for \_\_\_\_\_ on the part of God's enemies; but, if there is continued un-repentance, then pray for God's justice and judgment.

**FIVE...**Some \_\_\_\_\_ imprecatory prayers from pastor **Garrett Kell** are:

- Father, honor Your name that it can no longer be mocked by these evil men. Give them mercy or give them justice, but act for Your \_\_\_\_\_ sake.  
Reference: **Psalm 10:11, 74:10, 139:19-22; Micah 7:10**
- Father, let the world see Your \_\_\_\_\_ and do not allow evil to strut around anymore.  
Reference: **Psalm 58:10-11**
- Father, stop these wicked men so that our worship might be \_\_\_\_\_ and uncorrupted.  
Reference: **Psalm 69:9; John 2:13-17**
- Father, \_\_\_\_\_ these men or crush them so that You might receive praise for how You deliver your people.  
Reference: **Psalm 7:17, 35:18, 28**
- Father, help Your people know that You are \_\_\_\_\_ to defend them so they don't lose heart.  
Reference: **Psalm 69:6**
- Father, defeat your enemies so they can see for themselves that You alone deserve to be \_\_\_\_\_.  
Reference: **Psalm 83:16-18**

More complete list of imprecatory Psalms:

**Psalm 5:10; 6:10; 7:6; 9:19-20; 10:2,15; 17:13; 28:4; 31:17-18; 35:1,4-8,19,24-26; 40:14-15; 41:10; 54:5; 55:9,15; 56:7; 58:6-10; 59:5,11-14; 63:9-10; 68:1-2; 69:22-28; 70:2-3; 71:13; 79:6,10-12; 83:9-18; 94:1-4; 97:7; 104:35; 109:6-19, 29; 119:84; 129:5-7; 137:7-9; 139:19-22; 140:8-11; 141:10; 143:12**