

HAND ME ANOTHER BRICK – Part XI
“Overcoming Discouragement Matters”
Reference: **Nehemiah 4:10-12**
Pastor Larry Webb

Nehemiah and his men are discouraged. This brief passage teaches us that there are four specific reasons for this discouragement.

ONE... the people had lost some _____.
verse ten (see screen)
Reference: **Nehemiah 6:15** (see screen)

The apostles also suffered from fatigue.
Reference: **Mark 6:30-31** (see screen)

Five practical things that can help us minimize the problem of fatigue:

- _____
- get adequate _____
- eat _____ in reasonable amounts
- take _____
- work during peak _____

TWO... the people had lost some _____.
verse ten cont. (see screen)

THREE...the people had lost some _____.
verse ten cont. (see screen)

Someone said that success comes in cans: _____ **can**,
_____ **can**, and together _____ **can**.

Reference: **Philippians 4:13** (see screen)

There are two basic concepts found in this passage. Both _____ and _____ are found in this one verse.

“*I can do all things*” is _____.
“*I can do all things through Christ*” is _____.

Four practical steps that could help boost our confidence:

- Use _____ encouragement
Reference: **Deuteronomy 6:4-9** (see screen)
- Read encouraging _____
- Listen to encouraging _____
- Associate with encouraging _____

FOUR... the people had lost some _____.
verses eleven and **twelve** (see screen)

So what's our solution if our security is threatened.
Reference: **Psalms 91:2** (see screen)