

**Question:** \_\_\_\_\_ should we pray?

**Answer:** There is a three-part equation on how we should pray: We are to pray **to** the \_\_\_\_\_, **in** or **through** the \_\_\_\_\_, and **in** the name of the \_\_\_\_\_ (Jesus).

- to the **Father**  
Reference: **Ephesians 3:14-19** (see screen)
- in or through the **Spirit**  
References: **Ephesians 6:18; Jude 20** (see screen)  
Definition: Praying in or through the Spirit means that we should be so sensitive and submissive to the Holy Spirit as we pray that when we aren't able to pray as we want to or should the Holy Spirit then \_\_\_\_\_ and prays for us.  
Reference: **Romans 8:26-27** (see screen)
- in the name of the **Son** (Jesus)  
Reference: **John 14:13-14** (see screen)  
Definition: The phrase "*in the name of*" means "in the \_\_\_\_\_ of".  
Reference: **Hebrews 4:16** (see screen)

## ESSENTIALS TO EFFECTIVE PRAYER – Part Two

Reference: Miscellaneous Scripture

Pastor Larry Webb

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In this two part lesson we're going to ask and then answer six strategic questions: **who, what, when, where, why** and **how**? In the previous lesson we answered the first question, **who**. Who should pray? Who should we pray to? Who should we pray for? The next question is **what**?

**Question:** \_\_\_\_\_ is prayer?

**Answer:** Prayer is \_\_\_\_\_ to God.

Definition: Prayer is vertical, verbal communication. Prayer is \_\_\_\_\_ to God.

Four components to prayer acrostic: \_\_\_\_\_:

**A** – \_\_\_\_\_ is the same as **praise**

**Question:** How do we adore and praise God through praying?

**Answer:** We adore and praise God through two basic means:

- We adore and praise God through reciting to Him His \_\_\_\_\_ (intrinsic characteristics and qualities that God possesses as God).
- We adore and praise God through reciting to Him His \_\_\_\_\_. (what God has done or what God is doing).

References: **Psalm 34:1; Hebrews 13:15** (see screen)

**C** – \_\_\_\_\_

Reference: **I John 1:9** (see screen)

The word "confess" in the original Greek language is the word *homologeō* and means to say the \_\_\_\_\_ about something.

**T** – \_\_\_\_\_

References: **Colossians 4:2; John 6:1-13** (see screen)

**S** – \_\_\_\_\_

Reference: **Philippians 4:6** (see screen)

**Question:** \_\_\_\_\_ should we pray?

Scripture records people praying at such times as in:

- early morning (**Mark 1:35**)
- the morning (**I Chronicles 23:30**)
- three times a day (**Daniel 6:10**)
- the evening (**I Kings 18:36**)

- before meals (**Matthew 14:19**)
- after meals (**Deuteronomy 8:10**)
- the ninth hour (**Acts 3:1**)
- at bedtime (**Psalms 4:4**)
- at midnight (**Acts 16:25**)
- day and night (**Luke 2:37, 18:7**)
- today (**Psalms 95:6,8**)
- often (**Luke 5:33**)
- in youth (**Jeremiah 32:**)
- daily (**Psalms 86:3**)

**Answer:** Christians should be able to pray at \_\_\_\_\_ and \_\_\_\_\_.

References: **Luke 18:1; I Thessalonians 5:17** (see screen)

Principle: "Pray without ceasing" means we are to \_\_\_\_\_ all that we experience throughout life to God through prayer.

Although there should never be a time when we are not able to pray Christians, need to assign some specific minutes each day for scheduled concentrated personal and private prayer.

Prayer recommendations:

- Set a specific \_\_\_\_\_ and a specific \_\_\_\_\_ to pray.  
Reference: **Luke 22:39-41** (see screen)
- Pray \_\_\_\_\_.  
Reference: **Psalms 55:17** (see screen)

**Question:** \_\_\_\_\_ should we pray?

**Answer:** Christians should be able to pray \_\_\_\_\_.

Biblical characters prayed in all different places:

- In battle (**II Chronicles 13:14,15**)
- In a cave (**I Kings 19:9,10**)
- In a closet (**Matthew 6:6**)
- In a garden (**Matthew 26:36-44**)
- On a mountain (**Luke 6:12**)
- Beside a river (**Acts 16:13**)
- Everywhere (**I Timothy 2:8**)
- In bed (**Psalms 4:3,4; 63:6**)
- In a home (**Acts 9:39,40**)
- In a fish (**Jonah 2:1-10**)
- On a housetop (**Acts 10:9**)
- In prison (**Acts 16:23-26**)

- Beside the sea (**Acts 21:5,6**)
- In the street (**Matthew 6:5**)
- In God's house (**I Kings 8:27-30**)
- In hell (**Luke 16:22-31**)
- In solitude (**Mark 1:35**)
- In the wilderness (**Luke 5:16**)
- On a cross (**Luke 23:33,34,36**)
- In Heaven (**Romans 8:34**)

Reference: **I Corinthians 6:19** (see screen)

Footnote: Since we can pray anytime and anywhere it is assumed that we can also pray in any position.

Some biblical characters prayed:

- Standing (**Genesis 24:12-14**)
- Lifting hands (**I Timothy 2:8**)
- Sitting (**Judges 20:26**)
- Kneeling (**Mark 1:40**)
- Uplifted eyes (**John 17:1**)
- Bowing down (**Exodus 34:8**)
- On face (**Matthew 26:39**)
- Head between knees (**I Kings 18:42**)
- Facing temple (**Daniel 6:10**)
- Smiting breast (**Luke 18:13**)

The principle to remember is that God is not concerned about the position of our bodies as much as He cares about the attitude of our hearts. The important question is *"Is my heart right when I pray?"*

**Question:** \_\_\_\_\_ would God's answer to our prayer sometimes be wait?

**Answer:** There are four reasons why God might make us wait for an answer:

- One – to encourage us to \_\_\_\_\_ more  
References: **Psalms 34:10b; Psalms 105:4; Psalms 119:2** (see screen)
- Two – to encourage us to \_\_\_\_\_ more  
References: **I Chronicles 5:20b; Psalms 2:12b** (see screen)
- Three – to \_\_\_\_\_ us to receive what we asked for
- Four - to give us something \_\_\_\_\_ than what we asked for  
References: **Ephesians 3:20; Jeremiah 33:3** (see screen)