

**HOW TO CREATE POSITIVE AND  
PERMANENT PERSONAL CHANGE... PART II**  
Reference: **Genesis 32:24-32** (page 32)  
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There were four phases to Jacob's ultimate change that can also help us create meaningful positive change.

PHASE ONE is God sometimes uses a \_\_\_\_\_ to initiate change

**verses twenty-four and twenty-five**

People change when one of three things happen to them:

- If someone \_\_\_\_\_ enough that he \_\_\_\_\_ to change
- If someone \_\_\_\_\_ enough that he's \_\_\_\_\_ to change
- If someone \_\_\_\_\_ enough that he \_\_\_\_\_ to change

PHASE TWO is we must be \_\_\_\_\_ to changing  
**verse twenty-six**

There are 2 common obstacles that can interfere with someone's commitment to change:

**One** is potential \_\_\_\_\_

Exercise: write the word "*attitude*" in the spaces below

Using your normal writing hand \_\_\_\_\_

Using your non normal writing hand \_\_\_\_\_

Reference: **Hebrews 11:6a**, "*But without faith it is impossible to please Him (God)...*"

**Two** is \_\_\_\_\_

Reference: **Matthew 9:14-17** (page 856)

To be continued...